

Facelift Alternatives to Keep You Young Without Going Under the Knife

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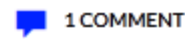


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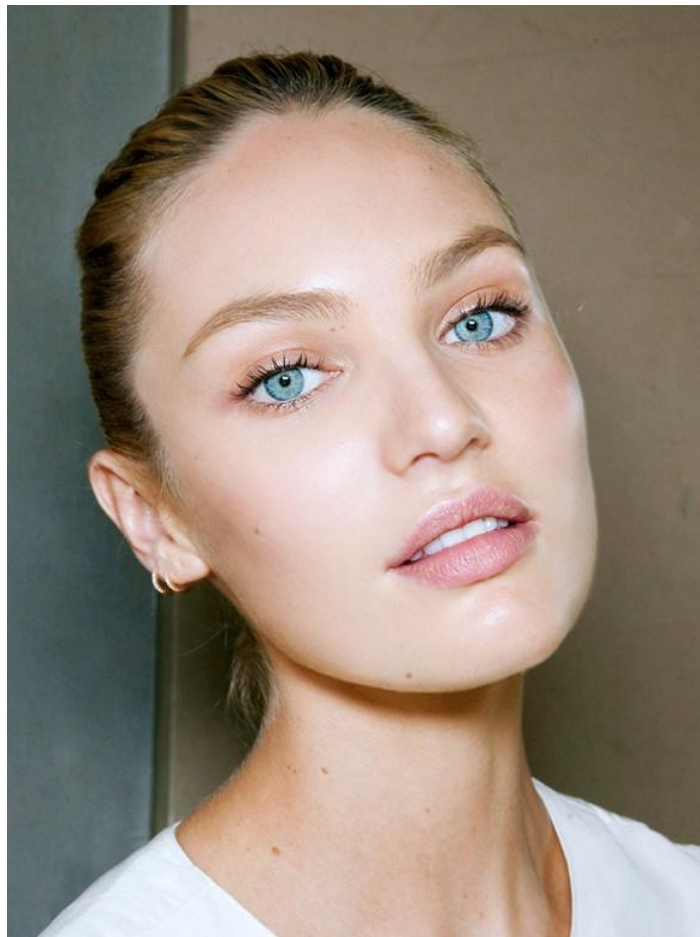


Imaxtree

A few decades ago, the only solution to sagging skin and severe wrinkles was a little nip and not-so-little tuck. While traditional surgical facelifts can shave years (if not decades) off of your face, many women today aren't looking for the tightly pulled faces that were once so in demand. These days, women prefer to age (somewhat) more gracefully—trading scalpels for needles and electric currents. And rightfully so. With the advances being made in anti-aging technology today, the need for traditional surgery is almost nonexistent. There are a variety of facelift alternatives that deliver youthful results comparable to surgery, minus the risks and considerable downtime.

Keep reading to learn more about the latest and greatest in scalpel-free anti-aging treatments!

Dr. Halaas Discusses About ThermiTight with Byrdie.com



Radiofrequency Facelift

Non-surgical facelifts that use radiofrequency energy are actually using heat to tighten and rejuvenate your skin's collagen structure. But unlike Thermage or Aluma, ThermiTight, the newest procedure to employ the technology, doesn't topically treat the skin with radio frequency. "Previous non-invasive devices have required multiple treatments and deliver unpredictable results because they solely applied heat to the outside surface of the skin," New York City-based facial plastic surgeon Dr. Yael Halaas says. "ThermiTight delivers a precise dose of radio frequency waves through a tiny probe that is inserted under the skin."

ThermiTight requires just one minimally invasive tissue-tightening treatment. You may experience mild swelling for up to a week, but Dr. Halaas says most patients return to work the next day. You'll notice a small difference right away, with additional improvements seen after six to 12 weeks. According to Dr. Halaas, the results can last several years. "Anyone struggling with loose, sagging skin or unwanted pockets of fat is an excellent candidate for a ThermiTight procedure."